

Recommended Personal Development Books for Beachbody Coaches

New Coach Starter Book

- [The Compound Effect](#) by Darren Hardy
- [The Slight Edge](#) by Jeff Olson and John David Mann

Dreaming Big

- [The Magic of Thinking Big](#) by David J. Schwartz
- [Think and Grow Rich](#) by Napoleon Hill
- [Push](#) by Chalene Johnson

Time Management

- [Eat that Frog](#) by Brian Tracy
- [The Seven Habits of Highly Effective People](#) by Stephen R. Covey
- [One Thing At a Time](#) by Cindy Glovinsky

Leadership

- [21 Irrefutable Laws of Leadership](#) by John C. Maxwell
- [People Follow You](#) by Jeb Blount
- [EntreLeadership](#) by Dave Ramsey
- [Strengths Finder 2.0](#) by Tom Rath

Personal Growth

- [The 15 Invaluable Laws of Growth](#) by John C. Maxwell
- [The Greatest Salesman in the World](#) by Og Mandino
- [Loving What Is](#) by Byron Katie and Stephen Mitchell

Confidence

- [Awaken the Giant Within](#) by Anthony Robbins
- [The Gifts of Imperfection](#) by Brené Brown
- [Daring Greatly](#) by Brené Brown

Personalities

- [Personality Plus](#) by Florence Littauer
- [How to Win Friends and Influence People](#) by Dale Carnegie

- [Drive: The Surprising Truth About What Motivates Us](#) by Daniel H. Pink

Selling

- [Selling with Noble Purpose: How to Drive Revenue and Do Work That Makes You Proud](#) by Lisa Earle McLeod
- [The Psychology of Selling: Increase Your Sales Faster and Easier Than You Ever Thought Possible](#) by Brian Tracy

Spiritually-Related

- [Purpose Driven Life: What on Earth Am I Here For?](#) by Rick Warren
- [Break Out!](#) by Joel Osteen

Network Marketing

- [Go Pro](#) by Eric Worre
- [Rock your Network Marketing Business](#) by Sarah Robbins
- [Go for No!](#) by Richard Fenton and Andrea Waltz
- [Jab, Jab, Jab, Right Hook](#) by Gary Vaynerchuk

Business

- [The Pumpkin Plan: A Simple Strategy to Grow a Remarkable Business in Any Field](#) by Mike Michalowicz

Relationships

- [The Five Love Languages](#) by Gary Chapman

Overcoming Adversity

- [Failing Forward](#) by John C. Maxwell
- [Remembering Wholeness](#) by Carol Tuttle
- [Courage: Overcoming Fear and Igniting Self Confidence](#) by Debbie Ford and Wayne W. Dyer
- [You Can Heal Your Life](#) by Louise Hay